

3º Curso Pós-Graduado de Atualização | 3rd Post Graduate Course LISBON UROLOGY BOOT CAMP 2021



30th OCTOBER 2021

OBJECTIVOS | PURPOSE

Proporcionar a Internos de Urologia competências técnicas básicas de laparoscopia, de ressecção transuretral e de endoscopia do aparelho urinário superior e inferior, dentro do enquadramento standard dos programas de treino da ESU.

Provide basic technical skills for Urology Residents, such as basic laparoscopy, basic transurethral resection and basic endoscopy of the upper and lower urinary tract, within the framework of a standardized ESU training program.

METODOLOGIA | METHODOLOGY

Curso prático de treino em simuladores com módulos orientados para as competências técnicas. Rácio formador/formando 1:1.

Hands-on training course with modules focused on technical skills simulation training. 1:1 trainer/trainee ratio.

DESTINATÁRIOS | ADDRESSEES

Internos de Urologia do 1º e 2º Anos
Urology Residents from 1st and 2nd Year

DIRECÇÃO | COURSE DIRECTORS

Evangelos N. Liatsikos, MD, PhD

Chairman of the European School of Urology- ESU / EAU

José Palma dos Reis, MD

Director of the Urology University Clinic of FMUL

COMISSÃO CIENTÍFICA | SCIENTIFIC COMMITTEE

Ben Van Cleynebreugel, MD

EAU-ESU Board Member

Consultant Urologist at KU Leuven, Belgium

Chandra Shekhar Biyani, MD

Consultant Urologist at Leeds Teaching Hospitals, NHS UK

Tiago Ribeiro Oliveira, MD

Urologist of the Urology Departments of Hospital de Santa Maria, CHULN and of the Armed Forces Hospital, HFAR

COORDENAÇÃO | COORDINATION

CFU Centro de Formação Pós-Graduada em Urologia
Urology Post Graduate Education Centre

Tito Palmela Leitão, MD

Lecturer of the Urology University Clinic of FMUL
Assistant Urologist of the Urology Department of Hospital de Santa Maria, CHULN

VAGAS | VACANCIES

16 formandos | Day 30 – 16 delegates

DURAÇÃO DO CURSO | COURSE TIME

11 horas presenciais – 08:00-19:00 | 11 hours at the course site

17 horas de estudo | 17 pre-course e-learning hours

Créditos ECTS: **1 ECTS**

LOCAL | VENUE



Unidade de Ensino,
Formação e Investigação
da Saúde Militar
Campus de Saúde Militar
Azinhaga Ulmeiros,
1649-020 Lisboa

LÍNGUAS OFICIAIS | OFFICIAL LANGUAGES

Português | Portuguese

Inglês | English

FMUL Faculdade de Medicina da Universidade de Lisboa

Faculty of Medicine of the University of Lisbon

Prof. Doutor Fausto J. Pinto

Diretor

Prof. Doutor J. Melo Cristino

Presidente do Conselho Científico

Prof. Doutor Joaquim Ferreira

Presidente do Conselho Pedagógico

CFU Centro de Formação Pós-Graduada em Urologia

Urology Post Graduation Education Centre

+351 966 462 493

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APOIO CIENTÍFICO | SCIENTIFIC ENDORSEMENT



FORMADORES | FACULTY

- **Dr. Alberto Silva** - Hospital Fernando da Fonseca
- **Dr. Álvaro Nunes** - Centro hospitalar Barreiro-Montijo
- **Dr. Artur Palmas** - Hospital das Forças Armadas - Polo Lisboa
- **Dr. Celso Marialva** - Instituto Português de Oncologia de Lisboa Francisco Gentil
- **Dr. Daniel Reis** - Hospital de Cascais Dr. José de Almeida
- **Dr. David Martinho** - Centro Hospitalar Universitário de Lisboa Norte
- **Dr. José Dias** - Instituto da Próstata e da Incontinência
- **Dr. Luís Osório** - Hospital Lusíadas Porto
- **Dr. Pedro Monteiro** - Centro Hospitalar Lisboa Ocidental

- **Dr. Pedro Oliveira** - Centro Hospitalar Universitário de Lisboa Norte
- **Dr. Rodrigo Ramos** - Instituto Português de Oncologia de Lisboa Francisco Gentil
- **Dr. Rui Formoso** - Hospital da Luz
- **Dr. Rui Lúcio** - Fundação Champalimaud
- **Dr. Sérgio Pereira** - Centro Hospitalar Universitário de Lisboa Norte
- **Dr. Tiago Mendonça** - Hospital Particular da Madeira
- **Dr. Tito Leitão** - Centro Hospitalar Universitário de Lisboa Norte
- **Dr. Vitor Cavadas** - Centro Hospitalar do Porto

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PROGRAMA CIENTÍFICO SCIENTIFIC PROGRAM

07.45-08.00 Opening and Registration

08.00-08.10 Welcome Session

Dr. Palma dos Reis

Prof. Evangelos Liatsikos

COR MED Maria Salazar

08.10-08.15 Technical skills training in Urology - the view of the Portuguese College of Urology

Prof. Carlos Silva

08.15-08.35 Modern technical skills training in Urology

Mr. Chandra Shekhar Biyani

08.35-08.50 Standardized training programs in Urology

Prof. Ben Van Cleynenbreugel

08.50-09.00 The ESU Urology Boot Camp

Dr. Tiago Ribeiro de Oliveira

Coordinator		MODULE A			
Dr. Tito P. Leitão		LAPAROSCOPIC BASIC SKILLS			
Tutors		Learning objectives		Module structure	
Dr. Luís Osório		✓ to know basic laparoscopic principles		• basic laparoscopic principles	10'
Dr. Rui Lúcio		✓ to identify and handle laparoscopic equipment		• laparoscopic equipment	5'
Dr. Tiago Mendonça		✓ to know pneumoperitoneum establishment techniques		• pneumoperitoneum establishment	5'
Schedule		✓ to execute basic laparoscopic tasks (depth perception, eye-hand coordination, bimanual dexterity)		• E-BLUS exercises:	5'
9:00 – 11:00	Group 1			➤ peg transfer	25'
11:15 – 13:15	Group 4			➤ cutting a circle	25'
14:15 – 16:15	Group 3			➤ needle guidance	25'
16:30 – 18:30	Group 2			➤ laparoscopic suturing	25'
Coordinator		MODULE B			
Dr. Sérgio Pereira		UPPER URINARY TRACT ENDOSCOPIC BASIC SKILLS			
Tutors		Learning objectives		Module structure	
Dr. Victor Cavadas		✓ to know basic endoscopic principles of the upper urinary tract		• basic upper tract endoscopic principles	10'
Dr. Rui Formoso		✓ to identify and handle endoscopic equipment		• endoscopic equipment	10'
Dr. Pedro Monteiro		✓ to execute basic endoscopic tasks of the upper urinary tract (ureteric catheterization, guidewire placement, rigid ureteroscopy, access sheath placement, flexible ureterorenoscopy, basket handling)		• EST 1 exercises:	
Schedule				➤ ureteric catheterization and guidewire placement	25'
9:00 – 11:00	Group 2			➤ semi-rigid ureteroscopy, EST 1 task 3	25'
11:15 – 13:15	Group 1			➤ access sheath placement, flexible uret	50'
14:15 – 16:15	Group 4				
16:30 – 18:30	Group 3				
Coordinator		MODULE C			
Dr. José Santos Dias		BASIC TRANSURETHRAL RESECTION OF THE BLADDER AND PROSTATE			
Tutors		Learning objectives		Module structure	
Dr. Álvaro Nunes		✓ to know basic transurethral resection principles		• basic transurethral resection principles	5'
Dr. Celso Marialva		✓ to know basic resection energy principles		• transurethral resection energy principle	5'
Dr. Rodrigo Ramos		✓ to identify and handle transurethral resection equipment		• transurethral resection equipment	10'
Dr. Daniel Reis		✓ to execute transurethral resection of the bladder		• bladder transuret. resection technique	10'
Schedule		✓ to execute transurethral resection of the prostate		• transurethral resection of the bladder	35'
9:00 – 11:00	Group 3			• prostate transur. resection technique	10'
11:15 – 13:15	Group 2			• transurethral resection of the prostate	35'
14:15 – 16:15	Group 1			• bladder washout (5 min. + 5 min.)	10'
16:30 – 18:30	Group 4				
Coordinator		MODULE D			
Dr. Artur Palmas		LOWER URINARY TRACT ENDOSCOPIC BASIC SKILLS – BLADDER CATHETERIZATION			
Tutors		Learning objectives		Module structure	
Dr. Alberto Silva		✓ to know basic endoscopic principles of the lower urinary tract		• basic lower tract endoscopic principles	15'
Dr. David Martinho		✓ to identify and handle endoscopic equipment		• endoscopic equipment	10'
Dr. Pedro Oliveira		✓ to execute basic endoscopic tasks of the lower urinary tract (rigid & flexible cystoscopy)		• EST 1 exercises:	
Schedule		✓ to know bladder catheterization equipment		➤ rigid cystoscopy, EST 1 task 2	25'
9:00 – 11:00	Group 4			➤ flexible cystoscopy, EST 1 task 1	25'
11:15 – 13:15	Group 3			• bladder catheterization equipment	10'
14:15 – 16:15	Group 2			• bladder catheterization technique	10'
16:30 – 18:30	Group 1			• bladder catheterization	25'

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INSCRIÇÃO | REGISTRATION

Valor da Inscrição | Registration Fee 650 €

O valor da inscrição inclui: o programa científico, materiais, almoço, coffee breaks e certificados.

The registration fee includes: scientific programme, course materials, lunch, coffee breaks and certificates.
CFU is not responsible for travel and accommodation arrangements and costs of the individual attendees.

PAGAMENTO | PAYMENT

DADOS BANCÁRIOS DA AIDFM | AIDFM BANK DETAILS

Name: AIDFM - Associação para Investigação e Desenvolvimento da Faculdade de Medicina (C.C. 469/CFU/14)

Address: Av. Professor Egas Moniz / 1649-028 Lisboa | VAT Nr PT 503 218 111

Dados Bancários | Bank Details

Name: BANCO SANTANDER TOTTA | Agency: Hospital de Santa Maria | Address: Av. Prof. Egas Moniz / 1649-035 Lisboa

IBAN - PT50 0018 0000 3666 5472 0018 0 | BIC/SWIFT - TOTAPTPL

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PATROCÍNIO SPONSHORSHIP



Medtronic



