

I LISBON UROLOGY BOOT CAMP

I BOOT CAMP DE UROLOGIA



17 NOVEMBER 2018

PURPOSE | OBJECTIVOS

Provide basic technical skills for Urology Residents, such as basic laparoscopy, basic endoscopy of the upper and the lower urinary tract and basic transurethral resection, within the framework of a standardized ESU training program.

Proporcionar a Internos de Urologia competências técnicas básicas de laparoscopia, de endoscopia do tracto urinário superior e inferior e de ressecção transuretral, dentro do enquadramento standard dos programas de treino da ESU.

METHODOLOGY | METODOLOGIA

Hands-on training course with modules focused on technical skills simulation training. 1:1 trainer/trainee ratio.

Curso prático de treino em simuladores com módulos orientados para as competências técnicas. 1:1 rácio formador/formando.

ADDRESSEES | DESTINATÁRIOS

16 – 1st Year Urology Residents

16 Internos de Urologia do 1^o Ano

VENUE | LOCAL

Lisbon – SANA Metropolitan Hotel

COURSE TIME | DURAÇÃO

Total of 9 hours

Theoretical hours = 1

Practical hours = 8

OFFICIAL LANGUAGES | LÍNGUAS

Portuguese & English

Português e Inglês

COURSE DIRECTORS | DIRECÇÃO

Joan Palou, MD, PhD

Chairman of the European School of Urology – ESU

Tomé Matos Lopes, MD

Director of the Urology University Clinic of FMUL

Director of the Department of Urology of CHLN

ORGANIZING COMMITTEE | ORGANIZAÇÃO

Ben Van Cleynenbreugel, MD

EAU-ESU Board Member

Consultant Urologist at KU Leuven, Belgium

Chandra Shekhar Biyani, MD

Dep. of Urology of Leeds Teaching Hospitals NHS Trust, UK

Sunjay Jain, MD

Dep. of Urology of Leeds Teaching Hospitals NHS Trust, UK

Tiago Ribeiro Oliveira, MD

Resident Urologist of the Department of Urology of CHLN

SECRETARIAT | SECRETARIADO

CFU – Centro de Formação Pós-Graduada em Urologia da FMUL

Urology Post Graduate Education Centre of FMUL

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SCIENTIFIC ENDORSEMENT | APOIO CIENTÍFICO

SPONSORSHIP | PATROCÍNIO

SCIENTIFIC PROGRAM | Programa

17 NOVEMBER '18 – SATURDAY | Sábado

07:45 Opening & Registration | Abertura do Secretariado

08:10 **Welcome Session** | Abertura do Curso
Prof. Dr. Tomé Matos Lopes08:20 **The Role of National Urological Associations**
O Papel das Associações Nacionais de Urologia
Dr. Luís Abranches Monteiro08:30 **Standardized Training Programs in Urology**
Programas Padronizados de Treino em Urologia
Dr. Ben Van Cleynenbreugel08:40 **Technical Skills Training Models**
Modelos de Treino em Competências Técnicas
Dr. Sunjay Jain08:50 **Boot Camp Presentation**
Apresentação do Boot Camp
Dr. Shekhar Biyani09:00 **Practical Session** | Sessão Prática

11:00 Coffee Break | Intervalo

11:15 **Practical Session** | Sessão Prática

13:15 Lunch Break | Almoço

14:15 **Practical Session** | Sessão Prática

16:15 Coffee Break | Intervalo

16:30 **Practical Session** | Sessão Prática18:30 **Closing Session** | Encerramento do Curso

MODULE A

LAPAROSCOPY

Basic principles, E-BLUS exercises.

MODULE B

UPPER URINARY TRACT ENDOSCOPY

Ureteric catheterization, guide-wire placement, URS-SR, RIRS.

MODULE C

TRANSURETHRAL RESECTION

TURP, TURBT, bladder washout.

MODULE D

LOWER URINARY TRACT ENDOSCOPY

Rigid cystoscopy, flexible cystoscopy, bladder catheterization.

FACULTY | CORPO DOCENTE

Modules Coordination

José Santos Dias, MD
Coordinator of Module C**Ricardo Pereira Silva, MD**
Coordinator of Module D**Sergio Pereira, MD**
Coordinator of Module B**Tito Palmela Leitão, MD**
Coordinator of Module AHospital Santa Maria – Department of Urology
North Lisbon Hospital Centre, CHLN**Álvaro João Nunes, MD**
Centro Hospitalar Barreiro-Montijo**Frederico Furriel, MD**
Centro Hospitalar de Leiria**João Marcelino, MD**
Hospital de Santa Maria, CHLN**Luís Osório, MD**
Hospital dos Lusíadas, Porto**Nuno Domingues, MD**
Hospital das Forças Armadas, Lisboa**Pedro Gomes Monteiro, MD**
Hospital Egas Moniz, CHLO**Pedro Nunes, MD**
Centro Hospitalar Universitário de Coimbra**Pedro Oliveira, MD**
Hospital de Santa Maria, CHLN**Rodrigo Garcia, MD**
Hospital de Santa Maria, CHLN**Rodrigo Brito Ramos, MD**
Instituto Português de Oncologia – IPO, Lisboa**Tiago Mendonça, MD**
The Mid Yorkshire Hospitals, Wakefield, UK**Vítor Cavadas, MD**
Centro Hospitalar do Porto

CORPORATE SPONSORS | PATROCINADORES

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SOLUÇÕES HOSPITALARES
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KARL STORZ – ENDOSKOPE

SCIENTIFIC PROGRAM ADDENDUM

| Adenda ao Programa

Coordinator		MODULE A LAPAROSCOPIC BASIC SKILLS		
Dr. Tito Palmela Leitão		Learning objectives <ul style="list-style-type: none"> – to know basic laparoscopic principles – to identify and handle laparoscopic equipment – to know pneumoperitoneum establishment techniques – to execute basic laparoscopic tasks (depth perception, eye-hand coordination, bimanual dexterity) 	Module structure <ul style="list-style-type: none"> – basic laparoscopic principles – laparoscopic equipment – pneumoperitoneum establishment – E-BLUS exercises: <ul style="list-style-type: none"> - peg transfer - cutting a circle - needle guidance - laparoscopic suturing 	
Tutors				
Dr. Luís Osório				10'
Dr. Nuno Domingues				5'
Dr. Pedro Nunes				5'
Schedule				
09:00 – 11:00	Group 1		25'	
11:15 – 13:15	Group 4		25'	
14:15 – 16:15	Group 3		25'	
16:30 – 18:30	Group 2		25'	

Coordinator		MODULE B UPPER URINARY TRACT ENDOSCOPIC BASIC SKILLS		
Dr. Sérgio Pereira		Learning objectives <ul style="list-style-type: none"> – to know basic endoscopic principles of the upper urinary tract – to identify and handle endoscopic equipment – to execute basic endoscopic tasks of the upper urinary tract (ureteric catheterization, guidewire placement, rigid ureteroscopy, access sheath placement, flexible ureterorenoscopy, basket handling) 	Module structure <ul style="list-style-type: none"> – basic upper tract endoscopic principles – endoscopic equipment – EST 1 exercises: <ul style="list-style-type: none"> - ureteric catheterization and guidewire placement - semi-rigid ureteroscopy, EST 1 task 3 - access sheath placement, flexible ureterorenoscopy, dormia basket handling, EST 1 task 3/4 	
Tutors				
Dr. João Marcelino				10'
Dr. Pedro Monteiro				10'
Dr. Vítor Cavadas				25'
Schedule				
09:00 – 11:00	Group 2		25'	
11:15 – 13:15	Group 1		25'	
14:15 – 16:15	Group 4		50'	
16:30 – 18:30	Group 3			

Coordinator		MODULE C BASIC TRANSURETHRAL RESECTION OF THE BLADDER AND PROSTATE		
Dr. José Santos Dias		Learning objectives <ul style="list-style-type: none"> – to know basic transurethral resection principles – to know basic resection energy principles – to identify and handle transurethral resection equipment – to execute transurethral resection of the bladder – to execute transurethral resection of the prostate – to execute bladder washout 	Module structure <ul style="list-style-type: none"> – basic transurethral resection principles – transurethral resection energy principles – transurethral resection equipment – bladder transureth. resection technique – transurethral resection of the bladder – prostate transureth. resection technique – transurethral resection of the prostate – bladder washout (5 min. + 5 min.) 	
Tutors				
Dr. Álvaro Nunes				5'
Dr. Rodrigo Garcia				5'
Dr. Rodrigo Ramos				10'
Schedule				
09:00 – 11:00	Group 3		10'	
11:15 – 13:15	Group 2		35'	
14:15 – 16:15	Group 1		10'	
16:30 – 18:30	Group 4		35'	

Coordinator		MODULE D LOWER URINARY TRACT ENDOSCOPIC BASIC SKILLS – BLADDER CATHETERIZATION		
Dr. Ricardo P. Silva		Learning objectives <ul style="list-style-type: none"> – to know basic endoscopic principles of the lower urinary tract – to identify and handle endoscopic equipment – to execute basic endoscopic tasks of the lower urinary tract (rigid and flexible cystoscopy) – to know bladder catheterization equipment – to execute bladder catheterization 	Module structure <ul style="list-style-type: none"> – basic lower tract endoscopic principles – endoscopic equipment – EST 1 exercises: <ul style="list-style-type: none"> - rigid cystoscopy, EST 1 task 2 - flexible cystoscopy, EST 1 task 1 – bladder catheterization equipment – bladder catheterization technique – bladder catheterization 	
Tutors				
Dr. Frederico Furriel				15'
Dr. Pedro Oliveira				10'
Dr. Tiago Mendonça				25'
Schedule				
09:00 – 11:00	Group 4		25'	
11:15 – 13:15	Group 3		25'	
14:15 – 16:15	Group 2		10'	
16:30 – 18:30	Group 1		10'	